

## OVERVIEW



14

1. Headphone / microphone combo jack (3.5mm)	6. USB-C (USB 10Gbps), with PD 140W & DP 1.4
2. USB-A (USB 5Gbps)	7. HDMI
3. USB-A (USB 5Gbps)	8. USB-A (USB 5Gbps)
4. Thunderbolt 4	9. USB-A (USB 5Gbps), Always On
5. Ethernet (RJ-45)	10. Power connector

## PERFORMANCE

### Processor

#### Processor Family

14th Generation Intel® Core™ i9 Processor

#### Processor

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Processor Graphics
Core™ i9-14900HX	24 (8 P-core + 16 E-core)	32	P-core 2.2GHz / E-core 1.6GHz	P-core 5.8GHz / E-core 4.1GHz	36MB	Intel® UHD Graphics

### Operating System

#### Operating System\*\*

- Windows® 11 Pro
- Windows® 11 Home
- Windows® 11 Home Single Language
- No preload operating system

### Graphics

#### Graphics\*\*

Graphics	Type	Memory	Boost Clock	TGP	Key Features
NVIDIA® GeForce RTX™ 4080 Laptop GPU	Discrete	12GB GDDR6	2280 MHz	175W	Advanced Optimus, DLSS 3, Dynamic Boost 2.0, VR ready, DirectX® 12 Ultimate
NVIDIA® GeForce RTX™ 4090 Laptop GPU	Discrete	16GB GDDR6	2040 MHz	175W	Advanced Optimus, DLSS 3, Dynamic Boost 2.0, VR ready, DirectX® 12 Ultimate

### Monitor Support

#### Monitor Support

Supports up to 4 independent displays (native display and 3 external monitors via HDMI® and USB-C®)

- HDMI® supports up to 4K@60Hz
- USB-C® supports up to 4K@60Hz
- Thunderbolt™ supports up to 4K@60Hz

### Chipset

#### Chipset

Intel® HM770 chipset

### Memory

#### Max Memory<sup>[1]</sup>

Up to 32GB DDR5-5600 offering

#### Memory Slots

Two DDR5 SO-DIMM slots, dual-channel capable

#### Memory Type

DDR5-5600

Notes:

[1] The max memory is based on the test results with current Lenovo® memory offerings.

### Storage

#### Storage Support<sup>[1]</sup>

Up to two drives, 2x M.2 SSD

- M.2 2280 SSD up to 1TB

#### Storage Slot

Two M.2 2280 PCIe® 4.0 x4 slots

**Storage Type**

Disk Type	Interface	Offering
M.2 2280 SSD	PCIe® NVMe®, PCIe® 4.0 x4	1TB

Notes:

[1] The storage capacity supported is based on the test results with current Lenovo® storage offerings.

**Removable Storage****Card Reader**

No card reader

**Multi-Media****Audio Chip**

High Definition (HD) Audio, Realtek® ALC3306 codec

**Speakers**

Stereo speakers (super linear speaker), 2W x2, audio by HARMAN, optimized with Nahimic Audio, Smart Amplifier (AMP)

**Microphone**

Dual-microphone array

**Camera\*\***

- FHD 1080p, with E-shutter, fixed focus
- HD 720p, with E-shutter, fixed focus

**Battery****Battery\*\***

- Integrated Li-Polymer 80Wh battery, supports Super Rapid Charge (10min charge 0-30% capacity, 30min charge 0-70% capacity, 80min charge 0-100% capacity)
- Integrated Li-Polymer 99.9Wh battery, supports Super Rapid Charge (10min charge 0-30% capacity, 30min charge 0-70% capacity, 80min charge 0-100% capacity)

**Max Battery Life<sup>[1]</sup>**

- Models with 80Wh battery:  
MobileMark® 2018: 7.3 hr  
Local video (1080p) playback@150nits: 9 hr
- Models with 99.9Wh battery:  
MobileMark® 2018: 9 hr  
Local video (1080p) playback@150nits: 10.4 hr

Notes:

[1] All battery life claims are approximate maximum and based on results using the MobileMark® 2014, MobileMark® 2018, MobileMark® 25, JEITA 2.0, continuous 1080p video playback (with 150nits brightness and default volume level) or Google Power Load Test (PLT) battery-life benchmark tests. Actual battery life will vary depending on many factors such as product configuration and usage, software use, wireless functionality, power management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use.

**Power Adapter****Power Adapter**

330W slim tip tiny GaN (3-pin) AC adapter, 100-240V, 50-60Hz

**Special Features****Special Features\*\***

- AI Chip: LA2-Q
- Hybrid thermal solution (air cooling + liquid metal)

**DESIGN****Display**

# Legion Pro 7 16IRX9H

## Display

Size	Resolution	Touch	Type	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Refresh Rate	Viewing Angle (L/R/U/D)	Key Features
16"	WQXGA (2560x1600)	None	IPS <sup>[1]</sup>	500nits	Anti-glare	16:10	1200:1	100% DCI-P3	240Hz	89°/89°/89°/89°	DisplayHDR™ 400, Dolby Vision®, NVIDIA® G-SYNC®, Advanced Optimus support, TÜV Low Blue Light, TÜV High Gaming Performance

### Color Calibration

X-Rite® factory color calibration

### Touchscreen

Non-touch

Notes:

[1] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

## Input Device

### Keyboard

6-row, multimedia Fn keys, numeric keypad

### Keyboard Backlight\*\*

- Per-key RGB backlight (with lighting lens on the front side)
- White backlight

### Touchpad

Buttonless Mylar® surface multi-touch touchpad, supports Precision TouchPad (PTP), 75 x 120 mm (2.95 x 4.72 inches)

## Mechanical

### Dimensions (WxDxH)<sup>[1]</sup>

363.5 x 262.1 x 21.95-25.9 mm (14.31 x 10.32 x 0.86-1.02 inches)

### Weight<sup>[2]</sup>

Around 2.62 kg (5.78 lbs)

### Case Color

Eclipse black

### Surface Treatment

Anodizing

### Case Material

Aluminium (top), aluminium (bottom)

### System Lighting

No system lighting

Notes:

[1] The system dimensions may vary depending on configurations.

[2] The system weight is approximate and based on results in Lenovo® lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

## CONNECTIVITY

## Network

### Ethernet<sup>[1]</sup>

Gigabit Ethernet, 1x RJ-45, supports Wake-on-LAN

### WLAN + Bluetooth<sup>®</sup>\*\*<sup>[2][3]</sup>

- Wi-Fi<sup>®</sup> 6E, 802.11ax 2x2 Wi-Fi<sup>®</sup> + Bluetooth<sup>®</sup> 5.3, M.2 card
- Intel<sup>®</sup> Killer Wi-Fi<sup>®</sup> 6E AX1675i, 802.11ax 2x2 Wi-Fi<sup>®</sup> + Bluetooth<sup>®</sup> 5.3, M.2 Card

Notes:

[1] Wake-on-LAN needs the power adapter plugged in.

[2] Bluetooth<sup>®</sup> may operate at a lower version than hardware design depending on the factors such as operating system, driver, etc.

[3] Wi-Fi<sup>®</sup> 6E full features might be limited by country-level restrictions.

6GHz Wi-Fi<sup>®</sup> 6E operation is dependent on the support of the operating system, routers/APs/Gateways that support Wi-Fi<sup>®</sup> 6E, and the regional regulatory certifications & spectrum allocation.

Bluetooth<sup>®</sup> 5.3 operation requires Windows<sup>®</sup> 11. For more information please visit [General Bluetooth<sup>®</sup> Support Information on Microsoft<sup>®</sup>](#).

## Ports<sup>[1]</sup>

### Standard Ports

- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 3x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-C<sup>®</sup> (USB 10Gbps / USB 3.2 Gen 2), with Lenovo<sup>®</sup> PD 140W and DisplayPort™ 1.4
- 1x USB-C<sup>®</sup> (Thunderbolt™ 4 / USB4<sup>®</sup> 40Gbps), with DisplayPort™ 1.4
- 1x HDMI<sup>®</sup> 2.1, up to 8K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)
- 1x Power connector

Notes:

[1] The transfer speed of the ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.

## SECURITY & PRIVACY

### Security

#### Security Chip

Firmware TPM 2.0 integrated in chipset

#### Fingerprint Reader

No fingerprint reader

#### BIOS Security

- Administrator password
- Hard disk password
- Power-on password
- Self-healing BIOS

#### Other Security

E-shutter

## SERVICE

### Warranty

#### Base Warranty\*\*

- 1-year courier or carry-in service
- 1-year courier or carry-in with 2-year system board service (Korea only)
- 2-year (1-yr battery) courier or carry-in service
- 3-year (1-yr battery) courier or carry-in service

## ACCESSORIES

### Bundled Accessories

#### Bundled Accessories<sup>\*\*\*[1]</sup>

- 4 switchable keycaps and easy tool
- Lenovo® Legion™ Gaming Speed Mouse Pad M
- None

Notes:

[1] For more compatible accessory solutions, please visit [Accessories for Legion Pro 7 16IRX9H](#).

## OPERATING REQUIREMENTS

### Operating Environment

#### Temperature<sup>[1]</sup>

- At altitudes up to 2438 m (8,000 ft)
  - Operating: 5°C to 35°C (41°F to 95°F)
  - Storage: 5°C to 43°C (41°F to 109°F)
- At altitudes above 2438 m (8,000 ft)
  - Maximum temperature when operating under the unpressurized condition: 31.3°C (88°F)

#### Relative Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage: 5% to 95% at wet-bulb temperature 27°C (81°F)

#### Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

[1] When you charge the battery, its temperature must be no lower than 10°C (50°F).

## CERTIFICATIONS

### Green Certifications<sup>[1]</sup>

#### Green Certifications

- ErP Lot 3
- RoHS compliant

Notes:

[1] The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration. For ESG & regulatory compliance documents, please visit <https://compliance.lenovo.com>.

### Other Certifications

#### Other Certifications

- TÜV Rheinland® High Gaming Performance
- TÜV Rheinland® Low Blue Light (Hardware Solution)

- Feature with \*\* means that only one offering listed under the feature is configured on selected models.
- Feature with \*\*\* means that one or more offerings listed under the feature could be configured on selected models.
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